



A Little MACRAO Quiz

Kathleen Owens, MA, LPC, NCC

Please answer the following as true (T) or false (F).

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|--|---|---|
| 1. All of my courses used within MACRAO transfer. | T | F |
| 2. At least one wellness (WE) credit is required for MACRAO . | T | F |
| 3. American government is a MACRAO requirement. | T | F |
| 4. I must earn an Associate degree to use MACRAO . | T | F |
| 5. I started at GVSU as a dual enrolled student and earned GVSU credit so I cannot come to GRCC and earn the MACRAO after high school graduation. | T | F |

If you answered False to all of the above questions – you are a **MACRAO** scholar!

The **MACRAO** agreement is all about general education completion and not about transfer of individual courses. A good example may be Math courses. Some transfer schools may require MA110 or higher and will not accept GRCC's MA107 in transfer.

MA107 **will** nevertheless fulfill 4 credits in Natural Science within the **MACRAO** agreement. Therefore, while the student will lose the 4 credits in transfer, the agreement is still in force. The student will need to meet the specific institutional mathematics requirement to graduate but will use the **MACRAO** agreement to meet other general education requirements.

MACRAO remains the very best vehicle in the state of Michigan for students to complete general education requirements. This is particularly significant for students who are unsure of their choice of major and/ or transfer school. It provides a framework for choice as personal goals are explored.

Questions? We've got answers! Counseling and Career Center, 3rd Floor, Student Community Center, 234.3900.



Need To Speak With A Counselor?

The Counseling and Career Center's mission is to assist you with academic, career, and personal issues while you are working toward a program at Grand Rapids Community College.

1. Call 616.234.3900 to schedule an appointment with the front desk staff to meet with a counselor. Please mention whether you need assistance with

academic advising, career counseling, or personal counseling.

2. Between October and May, the Counseling and Career Center has a Counselor-on-Duty every Thursday from 8:30 a.m. to 4:30 p.m. for quick advising questions at the kiosk desk on the 3rd Floor of the Student Center.

COUNSELING AND CAREER CENTER

Location:

3rd Floor Student Center

Center Hours:

Monday – Thursday:

7:30 a.m. to 6 p.m.

Friday:

7:30 a.m. to 5 p.m.

Call to schedule an appointment at 616.234.3900

Website: www.grcc.edu/counseling

- Academic Advising
- Career Assessments
- Career Counseling
- Classroom Presentations
- Crisis Response
- Faculty/Staff Consultation about Student Issues
- Personal Counseling
- Transfer Planning
- Workshops on Various Academic and Career Topics

Did you know?

Academic Advising and Transfer Fair

will be held March 27 from 9 a.m. to 6 p.m. at the Applied Technology Center. Come talk with representatives from over 25 transfer schools as well as discuss fields of study with GRCC departments!

COUNSELING AND CAREER CENTER

Winter 2008 Workshops

Check out the workshops that are offered this semester at the Counseling and Career Center.

January

Effective Note Taking
Non-Traditional Opportunities

February

Staying Informed about Financial Aid
Effective Note Taking
Study Skills and Learning Styles
Test Taking and Anxiety
Self-Esteem and Confidence
Building Healthier Relationships

March

Test Taking and Anxiety
Tips and Tools to Energize Your Semester
Successful Transfer Planning
Coping Strategies

April

Careers in Forensic Science and Criminal Justice
Final Exam Preparation
Exploring High Demand Careers

Check out www.grcc.edu/counselingevents for more information on dates and times of workshops, transfer school visits and other upcoming programs that the Counseling and Career Center will offer.

FALL 2008 REGISTRATION DATES

Students who have earned 36 or more credits - Register March 24

Students who have earned 24 or more credits - Register March 27

Students who have earned 12 or more credits - Register March 31

Students who have earned 0-11 credits - Register April 3

Summer 2008 Tuition Due Date - April 9

Fall 2008 Tuition Due Date - August 6

IDEA

IDEA is a four-stage student plan of action for utilizing GRCC resources to achieve your career and educational goals!

ADVISING MISSION

The GRCC Advising mission is to promote healthy student development by facilitating the process of educational, career and personal decision making in a collaborative environment.

ACADEMIC ADVISING DESCRIPTION

Academic advising is a collaborative partnership between students and their advisors. The primary focus of academic advising is:

1. To develop students' understanding of their roles and responsibilities as members of a higher education community
2. To develop their critical thinking skills so they can successfully participate in their educational community

Academic advising helps students synthesize and contextualize all of their educational experiences at GRCC, from application to graduation, to maximize the benefit of these experiences as they move into the larger world.

Counselor Spotlight...

Katie Geeseman

I have been blessed to find a career and a job that makes each day unique, interesting and enjoyable!

I started college right after high school but I wasn't sure about the career I wanted. I knew I wanted a job where I could help others and I tried four different majors before I graduated with a degree in social psychology and social work. However, I didn't discover my "calling" by sitting in class. I discovered my calling through a job as a student employee in the international admissions office at my college. It was through that work-study job that I had many opportunities to be involved in student life and college advising activities. After I graduated and left that job, I discovered that I missed helping students and the activities and spirit of a college campus. So, I returned to college and finished my master's degree in counseling in higher education.

I have been a GRCC counselor for eight years. While my position includes assisting students through academic, personal, and career counseling, I occasionally teach in the Behavioral Science Department and continue to be active in campus activities. I am involved in several Student Life events such as advising the International Student Organization, assisting with and attending other student organization events. I have worked with the Service Learning office to lead an alternative spring break trip and I volunteer at Diversity Learning Center activities. I truly believe that to get the most out of college, students need to do more than just attend

class. It's by meeting others, learning and exchanging ideas, and investing yourself into activities, that we grow into more rounded individuals.

In my free time I enjoy spending time with friends and family (including my furry housemates: 3 cats and a Shepard mix dog.) I enjoy traveling, overseas and domestic, attending concerts and theater productions, gardening, and home repair/decorating projects.

I encourage all students to get to know your college. Utilize the Counseling & Career Center, Tutoring services, Student Life opportunities and Service Learning. Discover all of the opportunities to grow and develop that are just waiting for you!

